



# SPONSORSHIP PROSPECTUS

2024/2025

# **Welcome to Harbour**



**“Navigating Change  
Lighting The Way To a  
Brighter Future”**





Every year, Harbour  
assists over **1,200** women  
and children experiencing  
Family and Domestic  
Violence.

Answering **1,400** calls for help

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Providing refuge accommodation  
for up to **250**

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Supporting more than **360** through our  
Safe at Home, Mobile Outreach &  
Financial Counselling Programs.

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**YOUR SUPPORT CAN MAKE  
A DIFFERENCE!**

# What is Family and Domestic Violence?

Family and Domestic Violence (FDV) is a pervasive issue that includes physical, emotional, psychological, and financial abuse within intimate and familial relationships. It is a pattern of behaviour aimed at gaining power and control over a partner or family member. This violence often occurs behind closed doors, making it a hidden but devastating issue that affects individuals, families, and communities.

## Our Story

Our story begins in 1989 when a house in East Bunbury became the first safe haven for South West Refuge, offering short-term crisis accommodation for women and children escaping Family and Domestic Violence. A group of volunteers prepared and painted the house in readiness to receive clients, and a team of dedicated women, along with a childcare worker, provided advocacy and support. Over the years, we have expanded our reach across the South West including purpose-built Refuges, a Safe at Home program, Mobile Outreach, Financial Counselling and Transitional homes providing short term, safe accommodation. In 2023, we rebranded as Harbour Refuge and Support Services, reflecting our transformative shift and expansion of services.







# Our Impact

Harbour is committed to providing support to women, including those with children, who are affected by Family and Domestic Violence. We provide services that protect them from harm and homelessness to ensure all women and children can live free from abuse.

## Vision

A world where all women and children live free from Family and Domestic Violence.

## Mission

To provide comprehensive support, safety & resources for women & children affected by Family and Domestic Violence. Fostering recovery through empowerment and self-determination.

# About Us

At Harbour, we embrace a set of core values that form the foundation of our commitment to transforming lives affected by domestic abuse. These values include:

**Healing:** Recovery through counselling, practical support and legal advice.

**Advocacy:** Emergency relief, access to crisis payments, and links to housing support.

**Resilience:** Education and awareness to rebuild personal capacity.

**Belonging:** Restoring connections after isolation from family and community.

**Optimism:** A future without violence, supported by our specialised team.

**Upliftment:** Building self-confidence and self-care.

**Responsibility:** Self Determining your new life journeys.

## Who We Are

We are fortunate to have a dynamic and dedicated leadership team at Harbour, all committed to steering our mission of providing comprehensive support, recovery, safety & resources for women & children affected by Domestic Violence. Our Board Members, Executive Team and staff, collectively bring a wealth of expertise and passion to guide Harbour on its transformative journey.

Their collective commitment ensures that Harbour offers not only refuge but also a pathway to healing, resilience, and empowerment. Get to know the faces behind Harbour's impactful work, driving positive change in our community.



# Our Leadership Team

Meet our skilled & compassionate Board Members and Executive Team

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## Nicole Frayne

Board Chairperson

Nicole Frayne, a Board Member since 2019, holds a Bachelor of Pharmacy and is accredited by the Australian Association of Consultant Pharmacy. A credentialed Diabetes Educator, she has also served as Vice President of the Australian Diabetes Educator Association.



## Emma Fiegert

Vice Chairperson

Emma Fiegert joined the Board in 2022 and has quickly become an invaluable contributor. As a solicitor specializing in family law and domestic violence, she brings extensive knowledge to Harbour with her legal expertise providing crucial insights into Family Violence Restraining Orders.



## Carina Roney

Treasurer

Carina Roney brings 30 years of expertise in tax law, accounting, and finance. A Chartered Accountant and member of CAANZ, she holds a Bachelor of Commerce and a Master's in Applied Finance. Her extensive skill set includes contract reviews, negotiation, research, financial risk assessment and government submissions.



## Dr Alex Hugman

Secretary

Dr. Alexandra Hugman, a Board Member since 2020, brings extensive experience in education management and ESL with roles at Macquarie University, Sydney University, and as an Assistant Principal. Her list of qualifications include being a Doctor of Science Education, an MSc in Education Management and many more.



## Nerida Pickup

Board Member

With over 35 years in finance and business banking, Nerida is crucial to the Refuge's financial management. Nerida also contributes to community fundraising and runs Governance Workshops, offering valuable skills and experience to Harbour Refuge and Support Services.



## Dr Amanda Sabel

Board Member

Amanda Sabel brings 20 years of medical experience with qualifications as a General Practitioner, Obstetrician, and advanced mental health training. Her international work includes medical officer roles in the UK, South Africa, and Malaysia, and volunteer work in Romania.



## Kristen Lilly

Board Member

Kristen joined the Board in mid 2023 after being an active member of the Fundraising Events Committee. Kristen has significant event management experience from her days as a Greens South West campaign events manager.





## Ali White

Chief Executive Officer

Ali commenced as CEO of South West Refuge Inc in January 2020 and has held previous CEO and Senior Management positions across health, housing, aged care, disability, mental health, unemployment and social enterprises. She holds academic qualifications in Nursing, an MBA and a Diploma of Governance.



## Gaynor Topliss

Program Manager

Gaynor joined South West Refuge for a second time in 2022 as Program Manager. As well as being a positive role model for the team, Gaynor brings her knowledge and experience in teaching Cert IV TAFE Community Services students, therefore sharing the fundamentals in case management and the practical application of working with clients at their own pace.

“Living a life without violence is both possible and a fundamental human right.”

--- Ali White ---

# Our Services

Our model of service delivery is underpinned by a client-led case management approach including case planning, goal setting, celebrating achievements, and milestones by meeting weekly or fortnightly depending on the level of intensity of support you may need. Our Services are listed below:



## Crisis Accommodation

Harbour offers crisis accommodation for women and children fleeing family and domestic violence. Our secure accommodation provides 24/7 support, and access to essential resources.

[refuge@harbour.org.au](mailto:refuge@harbour.org.au)



## Safe at Home

Harbour's Safe at Home Service provides practical and emotional support to women remaining in the family home after the perpetrator of violence is no longer living there. Our team offers security audits, safety planning, and resources to help you reclaim your sense of security.

[sah@harbour.org.au](mailto:sah@harbour.org.au)





## Mobile Outreach Service

Harbour's Mobile Outreach Service brings safety and support directly to you. Our team offers information, advocacy, and resources to women and children experiencing family and domestic violence across the South West region of WA.

[dvotreach@harbour.org.au](mailto:dvotreach@harbour.org.au)



## Financial Counselling

Harbour's free financial counselling service is here to help all Harbour clients. We provide non-judgmental support, advocacy, and resources to address your financial needs and rebuild your independence.

[finance@harbour.org.au](mailto:finance@harbour.org.au)



## Trauma, Drug & Alcohol Counselling

Harbour offers free counselling services to all Harbour clients to support your journey towards healing. Our compassionate counsellors provide confidential support, access to resources, and personalized treatment plans.

[admin@harbour.org.au](mailto:admin@harbour.org.au)





## Transitional Housing:

Harbour's Transitional Housing program offers short to medium-stay accommodation for women and children living in the south west region of WA. Our fully equipped homes provide intensive case management support as you work towards independence.

[admin@harbour.org.au](mailto:admin@harbour.org.au)



## Child Advocacy

Children affected by family violence need support too. Harbour's Child Advocacy program provides weekday support for families within our refuge. Our dedicated Child Advocate offers liaison with schools, health services, and protective education to help children heal and thrive.

[childadvocacy@harbour.org.au](mailto:childadvocacy@harbour.org.au)



## Emergency Relief

Harbour's Emergency Relief program offers immediate assistance to Harbour women and children in crisis. From securing food and medicine to addressing transportation needs, we provide essential support until you can access other resources.

[refuge@harbour.org.au](mailto:refuge@harbour.org.au)

# Why your support matters

Many of the women and children who arrive on our doorstep have very little in the way of personal belongings and not many have access to funds. The funds have either been withdrawn or blocked or as in many cases, they were never given access to the funds. As they usually leave in a hurry, they are distressed, traumatised, sometimes physically hurt. All of them are terrified about what is going to happen to them and their children in the coming weeks and months.

## How Your Support Helps:



### **Monetary Donations:**

Enables us to provide essential items like food, clothing, medicine, and school supplies for women and children arriving with nothing.



### **Material Donations:**

High-quality clothing, non-perishable food, unopened toiletries, and school supplies are always needed.



### **Services Donations:**

Offer your expertise in maintenance, gardening, exercise classes, or skills training to help survivors rebuild their lives.



### **Partnering Opportunities:**

Corporate giving programs, volunteering days, fundraising events, and donations of goods or services. Talk to us about supporting or educating your workforce about family and domestic violence.



# How to Get Involved

By partnering with Harbour, you'll not only help provide immediate safety and support but also be a vital part of the long-term solutions that break the cycle of violence. Your contribution will directly impact lives, creating a ripple effect of positive change in our community.

## **Housing Hope**

Join Harbour in providing safe and supportive homes for FDV survivors. We'll connect you with ideal tenants, ensuring responsible and respectful occupancy. Harbour has an exceptional reputation as a housing provider and has a number of long-term leases in place with private homeowners.

## **Transform Lives with your Donation**

Harbour relies on the generosity of individuals like you who can make a meaningful impact on women and children escaping violence at the most distressing time of their lives. We are grateful for Monetary Donations, Material Donations or Donations of any form of Services.

## **Partner with Us**

Partnering with Harbour can be a rewarding experience for you and your workforce. There are many ways to partner with Harbour such as holding an annual Fundraiser, Corporate Volunteering days, a Corporate Giving program or Education for your workforce.



# Become a Member

Become a valued member of Harbour, where you will not only support the organisation's purpose and values but also become a vital Ambassador spreading awareness, hope, and support for those affected by domestic violence.

As a member, you'll connect with like-minded individuals passionate about the cause, fostering a sense of community and shared commitment.

Joining Harbour opens doors to unique opportunities,



## Make a Difference

**Donate Now**

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**Partner with Us**

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**Register Your Rental**

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**Become a Member**

**TALK TO US TODAY ABOUT THE BENEFITS OF A HARBOUR MEMBERSHIP**

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"Alone we are strong,  
but **together** we are  
stronger. Let's unite to  
support and protect  
survivors of Domestic  
Violence."

-Unknown-

## Contact Us

**Phone**      [08 9791 2894](tel:0897912894)  
**Website**    [www.harbour.org.au](http://www.harbour.org.au)  
**Email**        [admin@harbour.org.au](mailto:admin@harbour.org.au)

