



Safe Grownups are people who want me to be happy and healthy. **Safe Grownups** only do things that keep me safe and healthy. **Safe Grownups** agree that I have the right to feel safe and be safe ALL the time. **Safe Grownups** agree that **Safe Secrets** are okay and they agree **Unsafe Secrets** are not okay.



- ✓ **Safe Grownups** keep me safe and healthy
- ✓ **Safe Grownups** only do things that keep me safe and healthy.
- ✓ **Safe Grownups** care about me and my feelings
- ✓ I can trust **Safe Grownups**
- ✓ I can go to **Safe Grownups** about anything including **Safe Secrets** and **Unsafe Secrets**
- ✓ I can go to **Safe Grownups** about **Safe Touch** and **Unsafe Touch**
- ✓ A **Safe Grownup** may be my mum, teacher, friend's parent or sports coach. Whoever they are, they match ALL the **Safe Grownup Rules**.

✓ I can glue photos of my Safe Grownups on this page and put it on the fridge or my bedroom wall!

